To Learn More About Consumer-Directed Services.

Department of Medical Assistance Services is located in Richmond. Call the Waiver Services Unit at 804.786.1465 or TTY 800.343.0634

Local Departments of Social Services have Nursing Home Preadmission Screening Teams who conduct assessments for the EDCD Waiver. Go to www.dss.state.va.us/localagency/index.html

Local Departments of Health have Nursing Home Preadmission Screening Teams who conduct assessments for the EDCD Waiver. Go to www.vdh.virginia.gov/LHD/index.htm

Centers for Independent Living are located around the state and can provide information about CD Services. For one near you go to www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/VA

Medicaid Waiver Technical Assistance Center can provide contact information for local Medicaid mentors. Call (866) 323-1088 or email vawaivers@endependence.org

The Partnership for People with Disabilities is a university center for excellence in developmental disabilities at Virginia Commonwealth University. VCU is an equal opportunity/affirmative action university providing access to education and employment without regard to age, race, color, national origin, gender, religion, sexual orientation, veteran’s status, political affiliation or disability. If alternative formats of this document are needed, please contact Partnership for People with Disabilities at 804-828-3876 or (800) 828-1120 (TTY Relay).
What are Consumer-Directed Services?

- Consumer-Directed (CD) Services are available under the Elderly or Disabled with Consumer Direction (EDCD) Waiver.

- CD Services are directed by the individual using the services. The individual is responsible for recruiting, hiring, training, supervising, and, if necessary, dismissing CD employees (attendants).

- If an individual is unable to direct his or her own care, a spouse, legal guardian, parent of a child under 18, or an adult may direct care on behalf of the individual. The person directing care for the individual cannot serve as their attendant.

- CD services are different from agency-directed services where the employee is hired by and works for an agency. In CD services the employee is hired by and works for the individual or for whomever is the CD employer.

Which Services can be Consumer-Directed?

There are two services in the EDCD Waiver that are CD services:

- **Personal Assistance Services** help individuals with daily needs, such as dressing, bathing, eating, and self-administration of medication. Personal assistance services may be provided at home, work, and other places in the community.

- **Respite** is assistance and support to individuals that give unpaid caregivers some time to do things for themselves. Respite can be provided at home and in the community.

Why use CD Services?

Individuals who choose to use CD services have responsibility for and control of their services. Employers of record:

- Find and hire employees (attendants);

- Train, supervise and evaluate employees;

- Decide, along with employees, when and how many hours the employees will work;

- Dismiss employees, if necessary;

- Maintain records and manage paperwork, including submitting timesheets for employees.

Under the EDCD Waiver individuals may choose agency-directed services, consumer-directed services (personal assistance and/or respite), or a combination of the two.

Individuals choosing CD Services must receive support from a CD Services Facilitator. A listing of CD Services Facilitators can be found at [www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchforProviders](http://www.virginiamedicaid.dmas.virginia.gov/wps/portal/SearchforProviders)