Project SEED Virginia
and
Promoting Social Emotional Competence

*Trainer Guide*

Webinar
April 30, 2014

Moderators

Jackie Robinson, Virginia Commonwealth University

Louise Canfield, Child Development Resources

Sheri Osborne, Child Development Resources
Mission:

To build a consistent family-centered professional development framework of evidence-based practices for providers* of infants & toddlers in order to strengthen the social and emotional development of children birth to age 3 in Virginia.

*Infant and toddler provider is defined as a provider of children birth to 36 months.
Project runs from now until July 31, 2015

Collaborating Partners

Project SEED

- Center on the Social Emotional Foundations for Early Learning (CSEFEL) Pyramid Model
- Ages and Stages Screening
- Positive Behavior Support
- Infant Mental Health Endorsement
Training Opportunities

**CSEFEL**
- Train the Trainer
- Train the Coach
- Provider Training
- Individualized Coaching
- Learning Communities

**ASQ-3**
- Train the Trainer
- Train the Coach
- Provider Training
- Individualized Coaching

Target Audiences CSEFEL

**Child Care Providers to Include:**
- Early Head Start Training/Technical Assistance Provider
- VSQI Mentor
- Early Head Start Mental Health Coordinator
- Regional Supervisor Childcare Center
- Virginia Infant and Toddler Specialist
- Center Based Child Care Provider
- Family Day Home Provider
- Trainer with Child Care Aware of Virginia
- Smart Beginnings Coalition Leader Trainer
- Early Childhood Education Faculty Member
- Early Childhood Special Education Provider

**Other providers of child care to include:**
- Home Visitor Trainer
- Healthcare Provider
- Early Intervention Provider
Target Audiences ASQ-3

Child Care Providers to Include:
• Early Head Start Training/Technical Assistance Provider
• VSQI Mentor
• Early Head Start Mental Health Coordinator
• Regional Supervisor Childcare Center
• Virginia Infant and Toddler Specialist
• Center Based Child Care Provider
• Family Day Home Provider
• Trainer with Child Care Aware of Virginia
• Smart Beginnings Coalition Leader Trainer
• Early Childhood Education Faculty Member
• Early Childhood Special Education Provider
• Private Preschool Provider

Where?

VDSS Regional Boundaries
<table>
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<th>Activity</th>
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<tr>
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<tr>
<td>CSEFEL Provider Training Levels 1 &amp; 2 Contracted Trainers 3 Training Events in 5 VCPO Hubs 600-675 providers trained statewide Cost:$25</td>
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<tr>
<td>CSEFEL Infant Toddler Provider Coaching Total of 80 providers coached statewide</td>
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<tr>
<td>CSEFEL Learning Communities in 5 VCPO Hubs (12 total in each of the 5 PD regions; total of 60) Cost: Free</td>
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For More Information: ec mhva.org
Contact Information

**Jackie Robinson**, Project SEED Director  
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Promoting Social Emotional Competence

*Trainer Guide*

Infant and Toddler Modules 1 and 2  
Center on the Social Emotional Foundations for Early Learning (CSEFEL)

Developed by:  
Sheri Osborne and Louise Canfield  
Virginia Infant & Toddler Specialist Network
Purpose of the *Trainer Guide*

The *Trainer Guide* is:

- A companion to CSEFEL Infant and Toddler Modules 1 and 2
- Intended for use by trainers providing professional development to early care providers
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**Attachments**

A. How to Embed Video Clips in PowerPoint 2010 Presentations
B. Session Evaluation Form
C. Adoption of the Pyramid Model
D. Child Care in America Statistics and Research
Terms used in the *Trainer Guide*

- CSEFEL IT Module trainer script
- “Original” CSEFEL PPT presentation
- Trainer’s Outline

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**Design of the *Trainer Guide***

Sections include:
- Introduction
- Module 1 and 2 materials for each option
- Attachments:
  - A. *How to Imbed Video Clips in PowerPoint 2010 Presentations*
  - B. *Session Evaluation Form*
  - C. *Adoption of the Pyramid Model*
  - D. *Child Care in America Statistics and Research*
Design of the Trainer Guide

Trainer's outlines for each session:
- Learner Objectives
- Suggested Agenda
- Materials and Equipment
- Trainer Preparation
- Trainer Notes
- Content and Slides

Steps for Using the Trainer Guide

- Decide on which option to use
- Refer to trainer’s outline(s) for selected option sessions
- Cross reference the Trainer Guide outline to CSEFEL trainer’s script
- Develop PPT
- Follow Trainer Preparation Section in the Trainer Guide outline
Options: Considerations

- Determine needs of training participants
- Space Module 1 and Module 2 training days a month apart
  - Schedule Module 1 session(s) within the same month
  - Allow a month break
  - Schedule Module 2 session(s) within the same month

Steps for Using the *Trainer Guide*

- Decide on which option to use
- Refer to trainer’s outline(s) for selected option sessions
- Cross reference the *Trainer Guide* outline to CSEFEL trainer’s script
- Develop PPT
- Follow Trainer Preparation Section in the *Trainer Guide* outline
Module 3: Social Emotional Development within the Context of Relationships

Module 3, Option 2, Seven Hour Session

Session Objectives:
- Participants will be able to:
  1. Define social emotional development and the role it plays in the context of relationships.
  2. Describe how understanding emotional development and socialization can improve relationships.

Suggested Agenda
1. Setting the Stage (45 minutes)
   - 1.1. Greet: Module 3, Option 2, Seven Hour Session (5 minutes)
   - 1.2. Introduce the module objectives (10 minutes)
   - 1.3. Review the activities from the previous module (15 minutes)
   - 1.4. Announce the activities for today (5 minutes)

2. Social Emotional Development: Within the Context of Relationships (60 minutes)
   - 2.1. Discuss the importance of social emotional development in relationships (20 minutes)
   - 2.2. Explore the role of communication in building strong relationships (20 minutes)
   - 2.3. Discuss the impact of emotional intelligence on relationships (20 minutes)

3. Social Emotional Development and Assessment (45 minutes)
   - 3.1. Review the assessment tools used in the previous module (10 minutes)
   - 3.2. Discuss the importance of using assessment tools in building strong relationships (15 minutes)
   - 3.3. Discuss the role of feedback in building strong relationships (10 minutes)

4. Social Emotional Development and Socialization (45 minutes)
   - 4.1. Review the socialization tools used in the previous module (10 minutes)
   - 4.2. Discuss the importance of using socialization tools in building strong relationships (15 minutes)
   - 4.3. Discuss the role of play in building strong relationships (10 minutes)

5. Social Emotional Development and Relationships (45 minutes)
   - 5.1. Review the relationships tools used in the previous module (10 minutes)
   - 5.2. Discuss the importance of using relationships tools in building strong relationships (15 minutes)
   - 5.3. Discuss the role of empathy in building strong relationships (10 minutes)

6. Social Emotional Development and Communication (45 minutes)
   - 6.1. Review the communication tools used in the previous module (10 minutes)
   - 6.2. Discuss the importance of using communication tools in building strong relationships (15 minutes)
   - 6.3. Discuss the role of active listening in building strong relationships (10 minutes)

7. Social Emotional Development and Support (45 minutes)
   - 7.1. Review the support tools used in the previous module (10 minutes)
   - 7.2. Discuss the importance of using support tools in building strong relationships (15 minutes)
   - 7.3. Discuss the role of encouragement in building strong relationships (10 minutes)

8. Social Emotional Development and Engagement (45 minutes)
   - 8.1. Review the engagement tools used in the previous module (10 minutes)
   - 8.2. Discuss the importance of using engagement tools in building strong relationships (15 minutes)
   - 8.3. Discuss the role of collaboration in building strong relationships (10 minutes)

9. Social Emotional Development and Encouragement (45 minutes)
   - 9.1. Review the encouragement tools used in the previous module (10 minutes)
   - 9.2. Discuss the importance of using encouragement tools in building strong relationships (15 minutes)
   - 9.3. Discuss the role of motivation in building strong relationships (10 minutes)

10. Social Emotional Development and Participation (45 minutes)
    - 10.1. Review the participation tools used in the previous module (10 minutes)
    - 10.2. Discuss the importance of using participation tools in building strong relationships (15 minutes)
    - 10.3. Discuss the role of collaboration in building strong relationships (10 minutes)

11. Social Emotional Development and Reflection (45 minutes)
    - 11.1. Review the reflection tools used in the previous module (10 minutes)
    - 11.2. Discuss the importance of using reflection tools in building strong relationships (15 minutes)
    - 11.3. Discuss the role of self-reflection in building strong relationships (10 minutes)

12. Social Emotional Development and Feedback (45 minutes)
    - 12.1. Review the feedback tools used in the previous module (10 minutes)
    - 12.2. Discuss the importance of using feedback tools in building strong relationships (15 minutes)
    - 12.3. Discuss the role of constructive feedback in building strong relationships (10 minutes)

13. Social Emotional Development and Communication (45 minutes)
    - 13.1. Review the communication tools used in the previous module (10 minutes)
    - 13.2. Discuss the importance of using communication tools in building strong relationships (15 minutes)
    - 13.3. Discuss the role of active listening in building strong relationships (10 minutes)

14. Social Emotional Development and Support (45 minutes)
    - 14.1. Review the support tools used in the previous module (10 minutes)
    - 14.2. Discuss the importance of using support tools in building strong relationships (15 minutes)
    - 14.3. Discuss the role of encouragement in building strong relationships (10 minutes)

15. Social Emotional Development and Encouragement (45 minutes)
    - 15.1. Review the encouragement tools used in the previous module (10 minutes)
    - 15.2. Discuss the importance of using encouragement tools in building strong relationships (15 minutes)
    - 15.3. Discuss the role of motivation in building strong relationships (10 minutes)

16. Social Emotional Development and Participation (45 minutes)
    - 16.1. Review the participation tools used in the previous module (10 minutes)
    - 16.2. Discuss the importance of using participation tools in building strong relationships (15 minutes)
    - 16.3. Discuss the role of collaboration in building strong relationships (10 minutes)

17. Social Emotional Development and Reflection (45 minutes)
    - 17.1. Review the reflection tools used in the previous module (10 minutes)
    - 17.2. Discuss the importance of using reflection tools in building strong relationships (15 minutes)
    - 17.3. Discuss the role of self-reflection in building strong relationships (10 minutes)

18. Social Emotional Development and Feedback (45 minutes)
    - 18.1. Review the feedback tools used in the previous module (10 minutes)
    - 18.2. Discuss the importance of using feedback tools in building strong relationships (15 minutes)
    - 18.3. Discuss the role of constructive feedback in building strong relationships (10 minutes)

19. Social Emotional Development and Communication (45 minutes)
    - 19.1. Review the communication tools used in the previous module (10 minutes)
    - 19.2. Discuss the importance of using communication tools in building strong relationships (15 minutes)
    - 19.3. Discuss the role of active listening in building strong relationships (10 minutes)

20. Social Emotional Development and Support (45 minutes)
    - 20.1. Review the support tools used in the previous module (10 minutes)
    - 20.2. Discuss the importance of using support tools in building strong relationships (15 minutes)
    - 20.3. Discuss the role of encouragement in building strong relationships (10 minutes)

21. Social Emotional Development and Encouragement (45 minutes)
    - 21.1. Review the encouragement tools used in the previous module (10 minutes)
    - 21.2. Discuss the importance of using encouragement tools in building strong relationships (15 minutes)
    - 21.3. Discuss the role of motivation in building strong relationships (10 minutes)

22. Social Emotional Development and Participation (45 minutes)
    - 22.1. Review the participation tools used in the previous module (10 minutes)
    - 22.2. Discuss the importance of using participation tools in building strong relationships (15 minutes)
    - 22.3. Discuss the role of collaboration in building strong relationships (10 minutes)

23. Social Emotional Development and Reflection (45 minutes)
    - 23.1. Review the reflection tools used in the previous module (10 minutes)
    - 23.2. Discuss the importance of using reflection tools in building strong relationships (15 minutes)
    - 23.3. Discuss the role of self-reflection in building strong relationships (10 minutes)

24. Social Emotional Development and Feedback (45 minutes)
    - 24.1. Review the feedback tools used in the previous module (10 minutes)
    - 24.2. Discuss the importance of using feedback tools in building strong relationships (15 minutes)
    - 24.3. Discuss the role of constructive feedback in building strong relationships (10 minutes)

25. Social Emotional Development and Communication (45 minutes)
    - 25.1. Review the communication tools used in the previous module (10 minutes)
    - 25.2. Discuss the importance of using communication tools in building strong relationships (15 minutes)
    - 25.3. Discuss the role of active listening in building strong relationships (10 minutes)

26. Social Emotional Development and Support (45 minutes)
    - 26.1. Review the support tools used in the previous module (10 minutes)
    - 26.2. Discuss the importance of using support tools in building strong relationships (15 minutes)
    - 26.3. Discuss the role of encouragement in building strong relationships (10 minutes)

27. Social Emotional Development and Encouragement (45 minutes)
    - 27.1. Review the encouragement tools used in the previous module (10 minutes)
    - 27.2. Discuss the importance of using encouragement tools in building strong relationships (15 minutes)
    - 27.3. Discuss the role of motivation in building strong relationships (10 minutes)

28. Social Emotional Development and Participation (45 minutes)
    - 28.1. Review the participation tools used in the previous module (10 minutes)
    - 28.2. Discuss the importance of using participation tools in building strong relationships (15 minutes)
    - 28.3. Discuss the role of collaboration in building strong relationships (10 minutes)

29. Social Emotional Development and Reflection (45 minutes)
    - 29.1. Review the reflection tools used in the previous module (10 minutes)
    - 29.2. Discuss the importance of using reflection tools in building strong relationships (15 minutes)
    - 29.3. Discuss the role of self-reflection in building strong relationships (10 minutes)

30. Social Emotional Development and Feedback (45 minutes)
    - 30.1. Review the feedback tools used in the previous module (10 minutes)
    - 30.2. Discuss the importance of using feedback tools in building strong relationships (15 minutes)
    - 30.3. Discuss the role of constructive feedback in building strong relationships (10 minutes)
Steps for Using the Trainer Guide

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Module 1: Social Emotional Development within the Context of Relationships

Module 1, Option 1, Seven Hour Sessions (cont.)

Tocher Notes

Set of handouts, videos, clips, and slides is included to support perceived recent as well as future events that may have been overlooked in the prior week and to further the work of participants. For example, slides 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, and 112 have been deleted. Slide 14 has been moved to page 81. The revised slide list is included in the Content and Notes section that follows.

Optimal Activities for this session are not included.

Sets 20-24: Gaining Self-Efficacy and Self-Control: These activities have been modified instead of delivering by asking participants to define a situation of group's expectations, the group can be defined as large groups by asking for a show of hands for the following questions: How many of you have been asked to participate in an activity or situation that you were not sure you could handle? How many of you have been asked to participate in an activity or situation that you were not sure you could handle? How many of you have been asked to participate in an activity or situation that you were not sure you could handle?

Sets 20-24: Gaining Self-Efficacy and Self-Control: These activities have been modified instead of delivering by asking participants to define a situation of group's expectations, the group can be defined as large groups by asking for a show of hands for the following questions: How many of you have been asked to participate in an activity or situation that you were not sure you could handle? How many of you have been asked to participate in an activity or situation that you were not sure you could handle? How many of you have been asked to participate in an activity or situation that you were not sure you could handle?

Understanding Social Emotional Development

Note 10: Understanding Social Emotional Development

Note 11: Understanding Social Emotional Development

Note 12: Understanding Social Emotional Development

Note 13: Understanding Social Emotional Development

Note 14: Understanding Social Emotional Development

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Resources


- Virginia’s *Competencies for Early Childhood Professional* (2008)
- *Milestones of Child Development* (Revised 2013)

[http://ecmhva.org](http://ecmhva.org)

- *Virginia Association for Infant Mental Health’s Competency Guidelines* (revised 2001)
Questions and Answers

Final Thoughts - Next Steps

For more information about CSEFEL training options for Infant and Toddler Modules 1 and 2, contact Jackie Robinson:
by email, robinsonjb3@vcu.edu or
by phone, 804-828-8593

Thank You!