

Virginia Positive Behavior Support (VPBS) Facilitator Training Sessions for Endorsement

Prerequisites: College degree from an accredited university; experience supporting people with disabilities for three of the last five years.

The training process takes place over the course of 1 year and consists of six to eight full day training sessions plus small group mentoring to assist candidates wishing to become Endorsed PBS Facilitators. The class is held in a geographically different place every year. Acceptance is by application only.

Training topics include:

- Person Centered Thinking
- Team Facilitation Techniques
- Principles of Applied Behavior Analysis
- Developing Supportive Environments
- Completing a Functional Behavior Assessment
- Antecedent Interventions and Environmental Design
- Changing Systems to Support People in the Community

Recommended for: Professionals who support people with disabilities and assist with the development of ISPs, including but not limited to psychologists, support coordinators/case managers, program coordinators, teachers, residential and work supervisors

Virginia Positive Behavior Support (VPBS) Expedited Endorsement

Prerequisites: College degree from an accredited university; experience supporting people with disabilities for three of the last five years; all knowledge and skills taught in the PBS Training Curriculum.

Professionals who possess all knowledge and skills taught in the PBS training curriculum, and would like to become endorsed PBS Facilitators, are eligible to apply through an expedited process. Applicants submit a portfolio demonstrating their work and an interview is scheduled with the PBS Endorsement Board.

For more information about VPBS, visit the website listed on the back or contact Molly Dellinger-Wray at mdwray@vcu.edu



For more information about person centered professional development opportunities in Virginia, please visit the following websites:

www.personcenteredpractices.org

and

www.dbhds.virginia.gov/ODS-PersonCenteredPractices.htm#train

To learn more about person centered organizations or if you have any questions, contact:

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Partnership for People with Disabilities
Virginia Commonwealth University
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Person Centered Practices in Virginia

Professional Development Opportunities

Office of Developmental Services

Virginia Department of Behavioral Health and
Developmental Services

and the

Partnership for People with Disabilities

Virginia Commonwealth University



Person Centered Thinking (PCT) Training

Two days of exercises where the participants acquire basic skills in person centered thinking such as:

- The importance of being listened to and the effects of having no positive control
- The role of daily rituals and routines
- How to discover what is **important to** people
- How to sort what is **important for** people from what is **important to** them
- How to respectfully address significant issues of health or safety while supporting choice
- How to develop goals that help people get more of what is **important to** them while addressing issues of health and safety

Recommended for: All staff members, family members, and others who support people

Find a training schedule at: www.vcu.edu/partnership/pct

Using Person Centered Practices to Facilitate Plan Development in Virginia

Prerequisite: Person Centered Thinking Training (above)

Two day session on learning the skills necessary to facilitate person centered information gathering and using the information gathered to develop outcomes. The training is co-presented by a person with a disability and is designed to be interactive with the audience to build skills that strengthen person centered practices.

Recommended for: Anyone who assists people in developing their individual support plans, including support coordinators/case managers, supervisors, program managers, direct support professionals, family members, other supporters

Find a training schedule at: www.personcenteredpractices.org

Developing a Person Centered Individual Support Plan for a Good Life in Virginia

Five online training modules outlining Virginia's Person Centered Individual Support Plan (ISP) process:

- Module 1 Person Centered Practices
- Module 2 Before the Annual Meeting
- Module 3 During the Annual Meeting
- Module 4 After the Annual Meeting (Plan for Supports)
- Module 5 After the Annual Meeting (New Learning and Updates)

Recommended for: Anyone who assists people in developing their individual support plans using Virginia's process, including support coordinators/case managers, supervisors, program managers, direct support professionals, family members, and other supporters

Find the training at: <http://www.dbhds.virginia.gov/ODS-PersonCenteredPractices.htm#train>

Advanced Person Centered Individual Support Plan (ISP) Training

Prerequisite: Developing a PC-ISP for a Good Life in Virginia (above)

One day session that focuses on:

- Documenting the use of **important to** and **important for** to develop meaningful outcomes
- Learning the difference between support and skill-building in documentation
- Writing support instructions
- Reporting progress in person-centered reviews

Recommended for: ID/DS Waiver providers (DSPs, plan writers and supervisors) and support coordinators/case managers

To schedule a training, contact your Community Resource Consultant at: <http://www.dbhds.virginia.gov/ODS-Contacts.htm>

Person Centered Thinking (PCT) Coaches Training



Prerequisite: Person Centered Thinking Training

Several sessions that cover:

- Why an organization should have PCT coaches
- Who should be a coach
- What coaches do
- When and how one coaches
- Person centered tool practice
- How coaches support the organization in making changes

Recommended for: Professionals who a) possess person centered knowledge and skills, b) use person centered tools, c) are in positions to informally teach those around them, and d) advocate for and actively reinforce the use of person centered skills and tools

For more information, contact: dmmachonis@vcu.edu

Regional PC Coaches Support Sessions

Prerequisite: PCT Training & Person Centered Coaches Training

Half-day sessions held four times a year in three areas of the state to promote the sharing of learning among the state's Person Centered Thinking coaches.

Recommended for: Person Centered Thinking Coaches

For dates and times of meetings, contact: dmmachonis@vcu.edu

